



Rise & Regulate

Anti-Bullying Policy

Safeguarding Lead & Director: Danny Collins

Provision: Multi-venue (gyms, martial arts, outdoor environments)

Approach: Trauma-informed, regulation-led | Language: Learner

Aligned to KCSIE and Lancashire safeguarding procedures

1. Purpose

To prevent, identify and respond to bullying, ensuring a safe environment for all learners.

2. Definition

Bullying is repeated, intentional behaviour that harms or intimidates, including online.

3. Types

Verbal, physical, relational (exclusion), and cyberbullying.

4. Prevention

Clear expectations; staff modelling; structured sessions; open reporting culture.

5. Reporting

Learners can report to any staff member; concerns taken seriously and logged.

6. Investigation

Establish facts; speak to involved parties; consider context and vulnerabilities.

7. Response

Immediate safety measures; restorative work; proportionate consequences; monitor.

8. Safeguarding Escalation

Where harm is significant or persistent, refer via safeguarding procedures and inform school.

9. Recording

All incidents recorded; trends reviewed; actions evaluated.

10. Review

Annual review aligned with KCSIE.