



Rise & Regulate

Safeguarding & Child Protection Policy

Organisation: Rise and Regulate

Safeguarding Lead & Director: Danny Collins

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Review Cycle: Annual or following safeguarding update

1. Safeguarding Statement

Rise and Regulate is committed to safeguarding and promoting the welfare of children and young people.

The organisation recognises that safeguarding is everyone's responsibility and that all staff must act in the best interests of the young people attending the provision.

Our provision operates across multiple venues including martial arts academies, gyms and outdoor environments. All activities are delivered with appropriate supervision, safeguarding procedures and risk assessments in place.

2. Purpose of the Policy

This policy sets out the safeguarding responsibilities of Rise and Regulate and outlines procedures for identifying, reporting and responding to safeguarding concerns.

3. Safeguarding Principles

- The welfare of the child is paramount.
- All children regardless of background have the right to protection.
- Safeguarding concerns must always be taken seriously.
- Staff must respond appropriately to concerns and report them promptly.

4. Roles and Responsibilities

Safeguarding Lead & Director – Danny Collins

The Safeguarding Lead is responsible for:

- Ensuring safeguarding procedures are followed
- Receiving and responding to safeguarding concerns

- Liaising with schools and safeguarding authorities where required
- Maintaining safeguarding documentation

5. Recognising Safeguarding Concerns

Safeguarding concerns may include:

- Physical abuse
- Emotional abuse
- Neglect
- Sexual abuse
- Bullying or exploitation

6. Reporting Safeguarding Concerns

If a safeguarding concern arises:

1. Ensure the immediate safety of the young person.
2. Record the concern as soon as possible.
3. Report the concern to the Safeguarding Lead immediately.
4. Where necessary, the Safeguarding Lead will contact relevant safeguarding services.

7. Staff Conduct

All staff must maintain professional boundaries with young people. Appropriate language, behaviour and conduct must be maintained at all times.

8. Supervision and Ratios

Sessions are delivered with appropriate supervision ratios depending on activity and participant needs.

Risk assessments are in place for all activities delivered as part of the programme.

9. Multi-Venue Provision

Rise and Regulate sessions may take place across multiple venues including martial arts facilities,

fitness centres, community venues and outdoor environments. Safety checks and risk assessments

are completed prior to each session.

10. Emergency Procedures

Emergency procedures are in place including:

- First aid response
- Emergency evacuation procedures

- Lockdown procedures
- Missing participant procedures

11. Contacting Safeguarding Authorities

If required, safeguarding concerns may be referred to the appropriate safeguarding authority in accordance with local safeguarding partnership procedures.

12. Policy Review

This policy is reviewed annually or when safeguarding legislation or guidance changes.